

# Discharge Instructions for Trilostane Therapy

## Patient:

## Capsule size:

## Directions:

- Give \_\_\_\_ capsule(s) by mouth every \_\_\_\_ hours
- Give trilostane with food
- Administer in the morning if once daily dosing is prescribed

## Recheck appointment:

- Return for a recheck on \_\_\_\_\_ (10-14 days after starting trilostane) at \_\_\_\_\_ am/pm

## Recheck instructions:

- Give trilostane as directed the morning of testing, with a small amount of food.
- Bring your pet to the clinic 3 ½ to 4 hours after dose is administered.

## Call veterinarian if:

- Not eating
- Vomiting
- Lethargic
- Weak
- Diarrhea

## Comments:

Your dog has been prescribed trilostane for his/her hyperadrenocorticism (HAC). This drug limits cortisol production by the adrenal glands, and therefore prevents the signs of HAC. Most dogs show some improvement in thirst and urination within 2 weeks, but some dogs are slower to respond or need higher doses to control their disease.

Although trilostane is generally well tolerated and safe, problems can occur. Call the clinic if your dog is unwell for more than 24 hours. If in doubt, STOP trilostane and seek veterinary help if you are concerned about your pet. Life-threatening complications are very rare, but have been reported.

Regular recheck visits are necessary so that treatment can be adjusted if necessary. Most patients are rechecked 3-4 times in the first 6 months, depending on their clinical status, and then every 4-6 months thereafter.

## Additional instructions:

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